



## *Divorce Resources*

### *Parenting and Mediation Library*

Education is a huge part of our practice and we have an array of books and videos (our parenting and mediation library) that clients can find in our office library. For those exploring any of the services we offer, we include the titles found in our library below so that you can educate yourself with our recommended list of titles.

### *Help for Kids of Divorce:*

Books and/or films can be a helpful way to start conversations with your kids about tough topics. Often it's easier and less stressful for children to talk about what's happening in a book or film than what's going on in their own lives. Keep in mind, while a resource may be recommended, that doesn't mean it's the best resource for your children. Every family's needs and circumstances are different, be sure to preview books or videos before giving them to your children.

### *Books Helpful for Kids:*

It's Not Your Fault, Koko Bear by Vicki Lansky – For ages, 3-6 years old  
Two Homes by Claire Masurel – For ages 3-6 years old  
Mom's House, Dad's House for Kids by Isolina Ricci – For ages 10 -12 years old  
Just Another Day in My Insanely Real Life by Barbara Dee For ages 12-14 years old: Fiction

### *Books Helpful for Parents:*

Helping Your Children Cope with Divorce & its Aftermath by Lansky  
The Good Divorce by Ahrons  
Helping Your Children Cope with Divorce the Sandcastles Way by Neuman  
Child Custody: Building Parenting Agreements that Work by Zimmelman  
Getting Divorced Without Ruining Your Life by Margulies  
Home Will Never Be the Same Again, A Guide for Adult Children of Gray Divorce by Hughes  
Co-parenting 101: Helping Your Kids Thrive in Two Households by Philyaw & Thomas  
Divorce Mediation Answer Book by Butler & Walker  
Divorce Without Court: A Guide to Mediation & Collaborative Divorce by Stoner

### *Online Resources:*

[www.uptoparents.org](http://www.uptoparents.org) – A site designed to support separated and divorced parents. I encourage all separated parents to do the parenting work on this website.  
[www.ourfamilywizard.com](http://www.ourfamilywizard.com) – Communication tools designed to aid divorced or separated parents communicate and share information about your family.

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