

sage quarterly

The official quarterly newsletter of Sage Financial Strategies

1st quarter 2021

NEW DESIGN!

We were ready for a fresh face for 2021, so here is our new newsletter look, same great content. A personal touch point from each of us, my latest market update, tips, and travel--taking taking care of you. Enjoy, Gary



KEYFAUVERS

Fresh snow, clean air, and some good turns were a well-needed break for Gary.

He escaped to Copper Mountain for some downhill skiing while Hannah played in a volleyball scrimmage. It was great to get away and just see the beauty of the Colorado mountains. Hopefully they will be able to ski over Spring Break-- out with COVID and in with the snow!

PEIROS

Eddie and Heather are thankful for continuous employment. Eddie got the chance to celebrate his mom's 80th birthday in FL, with Dad and all 4 of his sisters! Tony is back to work at the Melting Pot, and Haley is back to school in-person 2 days a week--Hopefully she'll get to experience high school full-time soon!

PETERSONS

Shawn celebrated a Birthday with keto fudge from his new favorite eating plan. Cassie says it's better than regular fudge! Sad news for their family: Papa Pete, Shawn's dad, is in his last few days of life on this earth with dementia. They also lost a dear friend unexpectedly to COVID last month. Time with loved ones is precious.



1ST QUARTER GUIDE TO THE MARKETS



Video by Gary Keyfauber, Wealth Management Advisor

TAKING CARE OF YOU

SAGE ADVICE

It's easy to get run down from work, family matters and current events. We all know mental and physical health is important, so we at Sage encourage you to make time for it!

Some ideas:

- Join us for an upcoming **travel** zoom to dream of an invigorating vacation! Beach, adventure, history—destinations are opening up and many places don't require quarantine anymore.
- Soothing sounds—Join us for a virtual concert by the **Colorado Symphony!** Acoustic on the Rocks, Vivaldi's *The Four Seasons*, recorded live at Red Rocks Amphitheatre. Email cassie.peterson@raymondames.com for details.
- **Sleep.** Make time for it! Sleep restores the mind, rebuilds and repairs neuron pathways, reduces stress, and helps create long-term memories. Learn good sleep habits as well as de-stressing techniques such as deep breathing or spending time with family and friends.

TAX TIP:

Have more than one Raymond James account? Compiling all your needed tax forms can be complicated. Call us today—we can do it for you and send needed papers to your CPA or accountant.

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