



The Ultimate Cheat Sheet for Critical Thinking

Dear Friends,

During these continued unprecedented times, the internet and social media world tend to drive us further into deep echo-chamber silos of rhetoric. With the 2022/2023 school year approaching, and in some states underway, now more than ever we need to be reminded of the important skills we can mindfully practice.

See below for some healthy analytic information to freshen up that thinking cap.

Who	<ul style="list-style-type: none"> ... benefits from this? ... is this harmful to? ... makes decisions about this? ... is most directly affected? 	<ul style="list-style-type: none"> ... have you also heard discuss this? ... would be the best person to consult? ... will be the key people in this? ... deserves recognition for this?
What	<ul style="list-style-type: none"> ... are the strengths/weaknesses? ... is another perspective? ... is another alternative? ... would be a counter-argument? 	<ul style="list-style-type: none"> ... is the best/worst case scenario? ... is most/least important? ... can we do to make a positive change? ... is getting in the way of our action?
Where	<ul style="list-style-type: none"> ... would we see this in the real world? ... are there similar concepts/situations? ... is there the most need for this? ... in the world would this be a problem? 	<ul style="list-style-type: none"> ... can we get more information? ... do we go for help with this? ... will this idea take us? ... are the areas for improvement?
When	<ul style="list-style-type: none"> ... is this acceptable/unacceptable? ... would this benefit our society? ... would this cause a problem? ... is the best time to take action? 	<ul style="list-style-type: none"> ... will we know we've succeeded? ... has this played a part in our history? ... can we expect this to change? ... should we ask for help with this?
Why	<ul style="list-style-type: none"> ... is this a problem/challenge? ... is it relevant to me/others? ... is this the best/worst scenario? ... are people influenced by this? 	<ul style="list-style-type: none"> ... should people know about this? ... has it been this way for so long? ... have we allowed this to happen? ... is there a need for this today?
How	<ul style="list-style-type: none"> ... is this similar to _____? ... does this disrupt things? ... do we know the truth about this? ... will we approach this safely? 	<ul style="list-style-type: none"> ... does this benefit us/others? ... does this harm us/others? ... do we see this in the future? ... can we change this for our good?

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More ideas? We encourage you to share with us how you've been thinking and navigating during these times. If there's anything we can do to assist or if you have any feedback please reach out.

Announcements:

- From the Holocaust and Human Right's Center and The Mendall Financial Group, please consider viewing an upcoming three-part documentary on Maine Public Television (MPR) which narrows in on America's response to the Holocaust. Catch the three-part series on MPR September 18, 19 & 20th starting at 8:00pm. See the attached flier for further information.
- Sticking with our theme for this month, Critical Thinking, check out this article by Shola Richards, whom was a speaker at the recent Raymond James National Conference, for tips on how to deal with difficult people. Can you believe that dealing with toxic people can actually positively change your life? Check out the article [here](#).

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