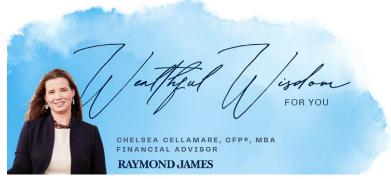
Hi Friends,

You're busy, but your financial well-being always deserves a moment! In \leq 5 minutes, enjoy this month's Wealthful Wisdom blend of timely financial and lifestyle rich content.

We hope you find something worth reading and sharing. We wish you and yours a happy, healthy



summer. **On a personal note**, summer started with an exciting elementary school graduation for our son Dalton and the kids have enjoyed many summer classics: bon fires, s'mores, flower crowns and boating (pictures attached/below)!

Retirement & Longevity

Five habits of 401(K)/403(B) millionaires

Retirement savings aren't a one-size-fits-all matter. Instead, the amount you'll need depends on a variety of factors, including your lifestyle, specific financial obligations, future plans and health needs. Reading here, we explore five core principles, including how you can apply them to your financial plan.

Five Habits of 401(K) Millionaires

Start Early
Maximize Your Contributions
Make the Most of Your Employer's Match
Choose the Right Asset Allocation
Avoid Cashing Our Early

How to retire better and on your terms – know when you're ready!

Whether your retirement is way out on the horizon or a stone's throw away, it's never too early to start your retirement planning. Focusing on your future and what you might need before you pull the retirement rip cord can make all the difference in your landing.

Aligning your financial picture, lifestyle, well-being, healthcare, part-time work, family, community and more requires serious thought and preparation. Dive into this quarter's Raymond James' Worthwhile cover article – How do you know when you're ready to retire? – on page 16 here.

Economy, Markets & Investing

Over the past few weeks my son and I have enjoyed watching the *Tour de France* highlights in the later evening – it's been an exciting tour thus far! Interestingly, there's several themes this major cycling race and our financial markets have in common shared by our Raymond James Chief Investment Officer Larry Adam's latest Quarterly Coordinates webinar.

Technology & Innovation

3D Printing is Transforming the Medical Industry → While page 15 of Worthwhile summer edition provides greater insights on the benefits and rapid adoption of medical related 3D printing, I was impressed seeing it first-hand during a recent tour at Johns Hopkins All Children's Hospital. The guide explained how their advanced 3D printer even creates different densities within an organ/body part for the purpose of strategizing and planning before a uniquely, complex surgery. Here's a few pics from my visit.



Whether you're a cycling enthusiast or not, staying informed about current economic and financial market developments is key to successful financial planning. I encourage you to watch webinar replays of our Chief Investment Officer's latest markets and investment insights by filtering by *media type* for *webinars* on my website resources here.

Why complex, significant wealth warrants elevated support → When it comes to the management of significant wealth, quality recommendations beat quantity. For families with sizeable portfolios, having access to sophisticated investment options, coordination between other professional services and even discussions about building a philanthropic legacy all require a suite of elevated services that you may not have considered inquiring about. Explore here





Tech Sector Emerges as 2023's First Half

MVP → Review the key takeaways here

Will ChatGPT (and the AI behind it) revolutionize our Lives?

Kemal Kvakic, Raymond James IT head of innovation, discusses what sets this technology apart – and what risks it poses. <u>Listen here</u>



It's That Time of Year...

For many of us, <u>hurricane season</u> is officially here. While not everyone receiving this newsletter resides in hurricane areas, emergencies and natural disasters can and do happen. Here's a few important reminders and proactive next steps you can take now:

- → Preparing your personal documents for an emergency
- → Don't let a natural disaster derail your business

On a personal note, summer started with an exciting elementary school graduation for our son Dalton and the kids have enjoyed many summer classics: bon fires, s'mores, flower crowns and boating! Next page for pictures.



Best,

Chelsea

CHELSEA CELLAMARE, CFP®, MBA Financial Advisor

Raymond James

Chelsea.Cellamare@RaymondJames.com

T 727.567.3472 // F 866.597.3988 200 Central Ave Fl24, St. Petersburg, FL 33701

www.ChelseaCellamare.com

RAYMOND JAMES

Raymond James & Associates, Inc. Member NYSE/ SIPC

Certified Financial Planner Board of Standards Inc. (CFP Board) owns the certification marks CFP®, CERTIFIED FINANCIAL PLANNER $^{\text{TM}}$, CFP® (with plaque design), and CFP® (with flame design) in the U.S., which it authorizes use of by individuals who successfully complete CFP Board's initial and ongoing certification requirements.

The information contained in this report does not purport to be a complete description of the securities, markets, or developments referred to in this material. The information has been obtained from sources considered to be reliable, but we do not guarantee that the foregoing material is accurate or complete. Any opinions are those of Chelsea Cellamare and not necessarily those of Raymond James. Expressions of opinion are as of this date and are subject to change without notice. There is no guarantee that these statements, opinions or forecasts provided herein will prove to be correct. Investing involves risk and you may incur a profit or loss regardless of strategy selected, including diversification and asset allocation. Individual investor's results will vary. Past performance does not guarantee future results The S&P 500 is an unmanaged index of 500 widely held stocks that is generally considered representative of the U.S. stock market. Keep in mind that individuals cannot invest directly in any index. You should discuss any tax or legal matters with the appropriate professional. Holding stocks for the long-term does not insure a profitable outcome. Investing in stocks always involves risk, including the possibility of losing one's entire investment. Any information is not a complete summary or statement of all available data necessary for making an investment decision and does not constitute a recommendation. Every investor's situation is unique and you should consider your investment goals, risk tolerance and time horizon before making any investment. Prior to making an investment decision, please consult with your financial advisor about your individual situation. Raymond James is not affiliated with the above organizations and/or charitable causes. To opt out of receiving future emails from us, please reply to this email with the word "unsubscribe" in the subject line.