

OVER-THE-COUNTER MEDICATIONS

Now Qualify for Reimbursement from Your Flexible Benefit Plan

Accepted Over-The-Counter Items*

Antiseptics

Antiseptic wash/ointment for cuts
Benzocaine swabs
Boric Acid powder
First aid wipes
Hydrogen Peroxide
Iodine tincture
Rubbing Alcohol
Sublimed Sulfur powder

Asthma Medications

Bronchodilator/Expectorant tablets
Bronchial asthma inhalers

Cold, Flu, & Allergy Medications

Allergy medications
Cold relief syrup
Cold relief tablets
Cough drops
Cough syrup
Flu relief tablets or liquid
Medicated chest rub
Nasal decongestant inhaler
Nasal decongestant spray / drops
Nasal strips to improve congestion
Sinus homeopathic nasal spray
Allergy homeopathic nasal spray
Sinus medications
Vapor patch cough suppressant

Diabetes

Diabetic lancets / test strips
Diabetic supplies
Glucose meters

Ear/Eye Care

Airplane ear protection
Ear drops for swimmers
Ear water-drying aid
Ear wax removal drops
Homeopathic earache tablets
Contact lens solutions

Health Aids

Antifungal treatments
Denture adhesives
Diuretics and water pills
Hemorrhoid relief
Incontinence supplies
Lice control
Medicated bandages
Motion sickness tablets
Respiratory stimulant ammonia
Sleeping aids

Pain Relief

Arthritis pain reliever
Bunion & blister treatments
Itch relief
Orajel
Pain relievers, aspirin, non-aspirin
Throat pain medications

Personal Test Kits

Cholesterol tests
Colorectal cancer screening tests
Home drug tests
Ovulation indicators
Pregnancy tests

Skin Care

Acne medications
Anti-itch lotion
Bunion and blister treatments
Cold sore & fever blister medication
Corn & callus removal medication
Diaper rash ointment
Eczema cream
Medicated bath products
Wart removal medications

Stomach Care

Acid reducers
Antacid gum / liquid / tablets
Anti-diarrhea medications
Gas prevent food enzyme suppl.
Gas relief drops for infants / children
Ipecac syrup
Laxatives
Pinworm treatment
Prilosec
Upset stomach medications

Not Acceptable*

Aromatherapy
Baby bottles, cups, oil, wipes
Breast enhancement system
Cosmetics, cotton swabs
Dental floss, tooth brushes, toothpaste
Deodorants
Facial care, skin care includes lotions
Feminine care, fragrances
Hair regrowth
Low calorie / "carb" foods
Oral care- - mouthwash
Petroleum jelly
Shampoo and conditioner
Spa salts
Sun tanning products

Dual Use – Requires Doctors Letter*

Adhesive or elastic bandages
Blood pressure meter
Cold or hot compresses
Eye drops
Foot spa
Gauze, tape, gloves, masks
Herbs
Leg or arm braces
Massagers/Massages
Minerals
Vitamins and Multivitamins
Saline nose drops
Special supplements
Special teeth cleaning system
Thermometers

*Plan restriction may apply. Check with your plan administrator.

Important Note - When claiming an over-the-counter item, please write on the receipt next to the item what it is and what it's used for. Most receipts don't provide a good enough description.



Eligible Uninsured Medical Expenses

Abortion
Acupuncture
Alcoholism (inpatient's treatment)
Ambulance Services
Birth Control Pills
Braille Books and Magazines
Chiropractor Fees
Contact Lenses
Contact Solutions
Crutches
Dental Treatment
Eyeglasses
Fertility Enhancement
Guide Dog
Hearing Aids and Batteries
Home Care
Insulin
Laboratory Fees
Laser Eye Surgery
Lead-Based Paint Removal
Learning Disability
Lodging for Medical Treatment
Medical Conferences
Non-Prescription Drugs
Optometrist
Orthodontia
Psychologist
Special Schools and Education
Sterilization
Stop-Smoking Programs
Therapy Treatments
Transplants
Transportation Expenses
Weight-Loss Program (if the purpose is to treat an existing disease)
Wheelchair
X-ray Fees

Ineligible Uninsured Medical Expenses

Cosmetic Surgery
Diaper Service
Electrolysis or Hair Removal
Funeral Expenses
Hair Transplant
Health Club Dues
Household Help
Maternity Clothes
Vitamins *(see dual use)
Nutritional Supplements *(see dual use)
Personal Use Items
Swimming Lessons
Weight-Loss Program (if the purpose is to maintain good health)
Marriage or Family Counseling
Teeth Whitening and Polishes
Massages *(see dual use)

This is not a complete list. If you have any questions about whether or not an expense is eligible or ineligible please call Keating & Associates.